

# ENABLE (Eliminating Bullying in Learning and Leisure Environments)

The Diana Award Anti-Bullying Campaign

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FROM THE DIANA AWARD

## ENABLE's Aim

- Improve the wellbeing of young people across Europe aged 11 – 14
- Develop young people's social and emotional skills
- Encourage students to reflect on behaviour
- Educate and upskill staff, students and parents/carers

# ENABLE's Reach

**16,000** young people reached

**120** schools rolling out ENABLE

**1,000** schools on the starting block

**CROATIA**

**UK**

**BELGIUM**

**GREECE**

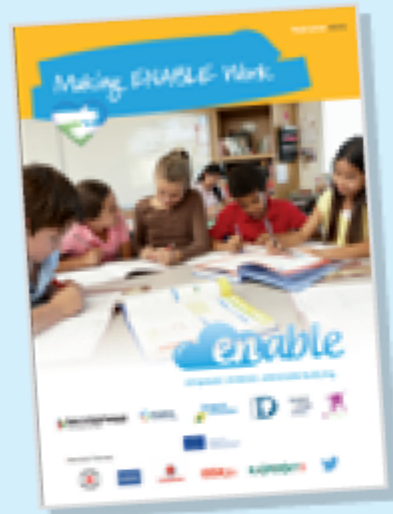
**DENMARK**

# Challenges

- European-wide reach and application
- Adaptable to different settings
- Accessible to all students aged 11-14
- European-wide network
- Synergy between resources

# The Resources

For teachers and senior school staff



An introduction to the aims and methodology of ENABLE, a description of the 10 SEL modules, and guidance for implementing the programme in schools



A training pack for ambassadors and lead teachers about to introduce the ENABLE programme into their school, and a badge to reward them



A series of webinars and a quiz for teachers wishing to learn more about social and emotional learning and peer support to tackle bullying

# The Resources

For young people



A series of 10 lesson SEL lesson plan modules, with supplementary resources and activities for each lesson



A Peer Supporter training and follow up plan, including resources and detailed instructions



Peer reflection activities and a campaign pack to help Peer Supporters in their tasks



A certificate and a badge to award Peer Supporters

# The Resources

*For parents, carers and others*



The ENABLE report scopes the context in the 5 ENABLE countries and provides a comparative survey of anti-bullying projects across the world



Useful tips for parents and families

# The Impact

- 92% agreed that they knew how to support someone being bullied
- 73% felt they are making a difference to lives of young people
- 86% agreed their confidence has grown
- 83% felt part of a network of Peer Supporters

❖ Study of 209 Peer Supporters





# Download the ENABLE Resources

<http://enable.eun.org/>



FROM THE DIANA AWARD

